

My Resources for Learning & Unlearning – Compiled, Annotated, and Shared by the Rev. Katie Day

Books – Hardcopy, Digital, or Audio

Education – A Good Place to Start:

Me & White Supremacy by Layla F. Saad

So You Want to Talk About Race by Ijeoma Oluo

Stamped from the Beginning: A Definitive History of Racist Ideas in America by Ibram X. Kendi

Stamped: Race, Antiracism, and You by Ibram X. Kendi and Jason Reynolds (YA version)

Education – Next Steps:

How to Be an Antiracist by Ibram X. Kendi

The New Jim Crow by Michelle Alexander

Antagonists, Advocates, & Allies and *White Spaces, Missing Faces* by Catrice Jackson

Memoirs:

I'm Still Here: Black Dignity in a World Made for Whiteness by Austin Channing Brown

I Know Why the Caged Bird Sings by Maya Angelou

Between the World and Me by Ta-Nehisi Coates

Novels:

The Water Dancer by Ta-Nehisi Coates

The Bluest Eye by Toni Morrison

Their Eyes Were Watching God by Zora Neale Hurston

*YA genre but accessible to everyone:

The Hate U Give by Angie Thomas

Dear Martin by Nic Stone (an Atlanta native)

Long Way Down by Jason Reynolds

Resources from White Authors:

White Fragility by Robin DiAngelo

Waking Up White and Finding Myself in the Story of Race by Debby Irving

Articles

OpEd from Kareem Abdul-Jabbar: Don't Understand the Protests? May 30, 2020

<https://www.latimes.com/opinion/story/2020-05-30/dont-understand-the-protests-what-youre-seeing-is-people-pushed-to-the-edge>

National Museum of African American History & Culture Web Portal for Talking About Race

<https://nmaahc.si.edu/learn/talking-about-race>

Films and Series

13th (documentary on the intersection of race, justice, and mass incarceration in the US)

When They See Us (4-part series on the Central Park 5)

The Hate U Give (adapted from the novel by Angie Thomas)

black-ish (Day family's favorite sitcom)

The Next Question (web series by Austin Channing Brown engaging leaders on racial justice)

Podcasts

1619 (New York Times)

Code Switch (NPR)

Scene on Radio Season 2: Seeing White

Social Media –

Individuals and Accounts I follow on Instagram, Twitter, and/or Facebook

TheConsciousKid – “parenting and education through a critical race lens”

Rachel Cargle

Ibram X. Kendi

Layla F. Saad

Austin Channing Brown

BlackCoffeeWithWhiteFriends

The Root – “unflinching analysis of issues in the black community”

Catrice Jackson / Catriceology – *A note: Catrice is hardcore and unswerving in her mission to educate white people, particularly white women, in order to save black lives. She understands this as a life-or-death matter and is not at all “gentle” in her teaching and calls to action. I support her work financially and have taken her 30-day crash course for white women.*

*White-led organization: SURJ/Showing Up for Racial Justice

Organizations I Support

The Antiracist Research and Policy Center: <https://antiracismcenter.com/>

Black Lives Matter: <https://blacklivesmatter.com/>

The Black Youth Project: <http://blackyouthproject.com/>

Minnesota Freedom Fund: <https://minnesotafreedomfund.org/>

Atlanta Solidarity Fund: <https://atlsolidarity.org/>

Action Steps I Take

Listen to the experiences of black people – all people of color. Believe them.

Sit with your discomfort and defensiveness; let it be. This is part of your unlearning.

Educate yourself on what you don’t understand.

Share what you are learning and unlearning with your family and friends.

Attend a protest as an ally.

If you can’t attend in person, amplify the movement by sharing images and information on social media, privileging black voices and experiences.

Support black-owned businesses.

Financially support antiracist educators and activists who you are learning from. Buy their books; donate to their funds.

Contact elected officials. Vote for candidates you believe will bring the change you want to see.